

<b>Swim Meet Title</b>	Athlone & Claremorris, Invitational Club L3 SC. Full Olympic program,
<b>Licence Number</b>	22C-22/23 C022
<b>Venue</b>	Claremorris Leisure centre & Athlone Regional Sports Centre,
<b>Date</b>	Claremorris 16 <sup>th</sup> April Athlone 22 <sup>nd</sup> 23 <sup>rd</sup> April 2023
<b>Host Clubs</b>	Athlone/Claremorris Swimming Clubs

<b>FINA Rules</b>	This Meet will be run under FINA Rules. . In particular, please note that the regulations relating to FINA-approved swimsuits will be enforced.
<b>Format</b>	Short Course – 6 Lane
<b>Session Times</b>	<b>Sunday 16<sup>th</sup> April Session 1 &amp; 2 Claremorris Warm up – 08:00hrs Start - 09:00hrs</b> <b>Sunday 23<sup>rd</sup> April session 3 &amp; 4 Athlone Warm up- 08.00hrs start – 09.00hrs</b>
<b>Fee's</b>	€7 per Individual Event. €10 per Relay team.
	Cheques to be made out to - " <b>Athlone Swimming Club</b> ". BANK DETAILS: BANK OF IRELAND ATHLONE, IBAN: IE60BOFI90163479407363 BIC: BOFIE2D :ACCOUNT NO. 79407363
	If you are remitting the fees by cheque, please note the club and the name of the swim meet gala on the back. Fee payment should be arranged concurrently with swim meet entries as it may not be possible to accept all entries. Fee refunds will be advised to clubs on final acceptance of entries.
<b>Eligibility</b>	Only swimmers registered with Swim Ireland <b>aged 12y or over</b> , <b>12y may enter the Qualifying events from Summer Age Group ONLY. (Marked *)</b> <b>Ages are Year of Birth; as of Dec 31st 2023.</b> Entry with NT will be accepted.  All Events HDW, Relay's Open,
<b>Entries</b>	Entries <b>on Hy-Tek only</b> . Entries should be emailed to Patricia; <a href="mailto:patricia_cleary@hotmail.com">patricia_cleary@hotmail.com</a>
<b>Entries by:</b>	<b>20:00hrs Monday 3<sup>rd</sup> April 2023. No late entry please.</b>
<b>Officials</b>	Clubs must provide volunteers for timekeeping duties. Officials will be arranged directly by the host club or region based on the licence category. Volunteers wishing to fulfil specific roles for experience should contact the meet director.

<b>Heats</b>	Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable timeframe.  800 x 2 Mixed heats ONLY and 1500 x 1 Mixed heat ONLY HDW
<b>Scratches</b>	Scratches via email to <a href="mailto:Patricia_cleary@hotmail.com">Patricia_cleary@hotmail.com</a> or <a href="mailto:swimclubclaremorrishtek@gmail.com">swimclubclaremorrishtek@gmail.com</a> or in person at the commencement of warm up (or otherwise as directed at the swim meet).
<b>Finals / Medals</b>	<ul style="list-style-type: none"> <li>• Heat declared winners.</li> <li>• Medals awarded 1<sup>st</sup> 2<sup>nd</sup> &amp; 3<sup>rd</sup> age categories; 12-13y, 14-15y + 16y+</li> <li>• Relay open, 13y+</li> </ul>
<b>Qualification</b>	Times can be used to qualify for Level 4 Meets. Summer National Age Group Championships (50m), Regional SC & LC. Championships, Winter National Championships SC.
<b>Data Protection</b>	Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of Swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. Programmes, results sheets, social media updates etc.)
<b>Hydration</b>	Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own re-usable bottles and fill them from the water coolers.
<b>Photography</b>	As per facility policy.
<b>First Aid</b>	First Aid facilities will be provided by facility lifeguards and staff. Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.

**Claremorris**

**ALL Events HDW**

**Athlone**

Event			Session 1				Session 3
1	Boys	*	200 Breaststroke	19	Girls	*	200 Butterfly
2	Girls	*	200 Breaststroke	20	Boys	*	200 Butterfly
3	Boys	*	100 Freestyle	21	Girls	*	100 Breaststroke
4	Girls	*	100 Freestyle	22	Boys	*	100 Breaststroke
5	Boys		50 Butterfly	23	Girls		50 Backstroke
6	Girls		50 Butterfly	24	Boys		50 Backstroke
7	Boys	*	400 Freestyle	25	Girls	*	400 Freestyle
8	Girls		4x50 Open Free Relay	26	Boys		4x50 Open Medley Relay
			Session 2				Session 4
9	Boys	*	200 Backstroke	27	Girls	*	200 Freestyle
10	Girls	*	200 Backstroke	28	Boys	*	200 Freestyle
11	Boys	*	100 Butterfly	29	Girls	*	100 Backstroke
12	Girls	*	100 Butterfly	30	Boys	*	100 Backstroke
13	Boys		50 Breaststroke	31	Girls	*	50 Freestyle
14	Girls		50 Breaststroke	32	Boys	*	50 Freestyle
15	Boys	*	200 IM	33	Girls	*	200 IM
16	Girls		400 IM	34	Boys		400 IM
17	Boys		4x50 Open Free relay	35	Girls		4x50 Open Medley Relay
18	Mixed		1500mFree 1 heat	36	Mixed		800m Freestyle 2 heats



