

Connacht Senior Schools Championship

Longford Sports & Leisure Centre

Sunday 5 February, 2023

Licence Number: 16-22/23-C016

Enclosed please find entry details for the Swim Connacht Secondary Schools Meet. This swim meet is open to swimmers registered with clubs in **Swim Ireland Connacht** Region and all Secondary Schools in Connacht

Venue	<i>Longford Sports & Leisure Centre, Templemichael Glebe, Longford</i>
Format	<i>Short Course – 6 Lanes</i>
Session Times	<i>Session 1 - Sunday 5th February 2023 Warm Up 09:00hrs Start 10:00hrs Session 2 – Warm Up at conclusion of Session 1 for 30 minute duration.</i>
Events	<p><i>Events are as outlined in Appendix 1.</i></p> <p><u><i>Individual Events</i></u> <i>Swimmers may enter a maximum of TWO of the following individual events:</i></p> <ul style="list-style-type: none"> • <i>100m Backstroke,</i> • <i>100m Breaststroke,</i> • <i>100m Butterfly,</i> • <i>100m Freestyle,</i> • <i>200m IM.</i> <p><i>In addition to the 2 events above swimmers who meet the qualifying time may also enter the 400m Freestyle. (Heats may be limited in the event the meet being oversubscribed)</i></p> <p><u><i>Relay Events</i></u> <i>Relays - Junior, Intermediate and Senior 4x50m Freestyle Relay and 4x50m Medley A max of two swimmers may swim up for a Relay. At least two swimmers must swim in the correct age for the relay to be accepted. A max of 2 relay events per swimmer are permitted.</i></p>
Team Manager	<i>Each school should have a designed team manager. Entries should include contact details for the team manager who will be expected to be at the swim meet for the time any swimmer from the school is present.</i>
Volunteers	<i>Swim Ireland Connacht will require a set amount of volunteers to facilitate the meet.</i>
Fees	<p><i>€7 per Individual Event €20 per Relay Team</i></p> <p><i>Swimmers can only enter a maximum of two individual events per person</i></p> <p><i>One relay team per school per relay event</i></p>

	<p><i>Cheques to be made out to - Connacht Region Swim Ireland</i> <i>Bank Account Name: Swim Ireland Connacht</i> <i>Bank: AIB Bank</i> <i>Bank Address: West End Retail Park, Blanchardstown, Dublin 15.</i> <i>IBAN: IE60AIBK93251559772477</i> <i>BANK: AIBIE2D</i> <i>REFERENCE: [School Roll Number]</i></p> <p><i>If you are remitting the fees by cheque, please note the school name on the back. As it may not be possible to accept all entries, fee refunds will be advised to clubs on final acceptance of entries.</i></p>
<p>Eligibility</p>	<p><i>For Schools Swimming the swimmers age is their age on 31st August 2023 and ages are automatically calculated by the software used to run the competition.</i></p> <p><i>Junior (born between 1.9.2008 and 31.8.2010)</i> <i>Intermediate (born between 1.9.2006 and 31.8.2008)</i> <i>Senior (born between 1.9.2003 and 31.8.2006)</i></p> <p><i>All swimmers competing at this event must have competencies to swim the required distance. The signed entry form will be accepted on the basis that this entry level is endorsed by the PE teacher or school team manager.</i></p>
<p>Entries</p>	<p>A swimmer shall take part in not more than two individual events in his or her age group and in any two relays.</p> <p>Submit entries using the following forms and confirmation of payment to Patricia Cleary at connachtgalasecretary@swimireland.ie</p> <p>School information: https://forms.gle/45LEKr8wBG6fN221A <i>Complete once if you are entering this competition.</i></p> <p>Individual events: https://forms.gle/LVizddn614yHwzPdA <i>Complete one for each swimmer.</i></p> <p>Relay events: https://forms.gle/ag92CYHZyRtTBnR4A <i>Complete one for each relay team.</i></p> <p><i>In exceptional circumstances, where there is no school team, individual Swim Ireland Club members can enter through their club gala secretary, assuming the school is informed of the process. Gala secretaries are asked to send the club Hytec file along with a spreadsheet which details the swimmer's school. Payment will be collected from clubs for these swimmers for their individual's event entries.</i></p>
<p>Entries by:</p>	<p><i>Friday 20th January 2023 – no entries or changes will be accepted on the day</i></p>
<p>Officials</p>	<p><i>Clubs/Schools must provide volunteers for timekeeping duties. Officials will be arranged directly by the region based on the licence category.</i></p>

Heats	<i>Clubs/Schools will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.</i>
Withdrawals	<i>Any withdrawals should be made by 6pm Friday 3rd Feb by email</i>
Finals / Medals	<ul style="list-style-type: none"> • <i>Heat declared winners.</i> • <i>Medals awarded for 1st, 2nd 3rd in Junior, Intermediate, Senior in Boys and Girls categories.</i>
Qualification Pathway	<p><i>Times can be used to qualify for Swim Ireland Regional and National Meets.</i></p> <p><i>An Interprovincial Schools Team will be selected on the basis of performances at this meet. To be selected for this event, swimmers must have entered & competed in individual events at the 2023 Connacht Senior Schools Championships</i></p>
Hydration	<i>Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own re-usable bottles and fill them from the water coolers.</i>
Data Protection	<i>Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results sheets, social media updates etc.)</i>
First Aid	<p><i>First Aid facilities will be provided by facility lifeguards and staff.</i></p> <p><i>Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.</i></p>
Rules	<i>In addition to FINA Rules the Swim Ireland Complaints and Disciplinary Rules shall apply.</i>

Appendix 1 - Events HDW (Heat Declared Winner)

- 1 Girls 13-21 100 Backstroke
- 2 Boys 13-21 100 Backstroke
- 3 Girls 13-21 100 Breaststroke
- 4 Boys 13-21 100 Breaststroke
- 5 Girls 13-21 400 Freestyle
- 6 Boys 13-21 400 Freestyle
- 7 Girls 13-14 200 Medley Relay
- 8 Boys 13-14 200 Medley Relay
- 9 Girls 15-16 200 Medley Relay
- 10 Boys 15-16 200 Medley Relay
- 11 Girls 17-18 200 Medley Relay
- 12 Boys 17-18 200 Medley Relay
- 13 Girls 13-21 200 IM
- 14 Boys 13-21 200 IM
- 15 Girls 13-21 100 Butterfly
- 16 Boys 13-21 100 Butterfly
- 17 Girls 13-21 100 Freestyle
- 18 Boys 13-21 100 Freestyle
- 19 Girls 13-14 100 Freestyle Relay
- 20 Boys 13-14 100 Freestyle Relay
- 21 Girls 15-16 200 Freestyle Relay
- 22 Boys 15-16 200 Freestyle Relay
- 23 Girls 17-18 200 Freestyle Relay
- 24 Boys 17-18 200 Freestyle Relay